

# Refrain

Written By  
James Chan

In these twilight moments  
betwixt the silence and mantra in my head  
the refrain haunts my heart and refuses relent

Calling, shouting, screaming, scratching  
Repeating over and over and over and...

My armor ain't what it used to be  
It no longer deflects rejection  
It only seems to reflect insecurity  
and accentuate my restless demeanor

I am an imperfect snowflake  
The one in a million mistake occasional Gods make to  
play practical jokes on the cosmos  
Intergalactic gag-reel

Now I'm in on the joke  
It's all so absurd so I revolt  
The mantra becomes a battle cry  
The refrain a chorus to be sung at the top of my  
lungs;  
"It ain't over 'til it's over"